



KOK Kiat Xuan

Professional Experience

Freelance Swimming Coach • Breakaway Triathlon Club

Feb 2020 – Current

Stroke Correction on a 1:1 basis

Modern Pentathlon Head Coach • Pentactics Pte Ltd

Nov 2020 – Current

Prepare and conduct plans and execute yearly periodisation

Freelance Swimming Coach • MOE/JSA school swimming program

Jan 2018 – Nov 2020

Teach swimsafer program to Pri 3 or Sec 1 student on a 1:10
Stroke correction and sport exposure for primary 5 and 6 junior
sport academy students on a 1:10

Education

Edinburgh Napier University, Scotland

May 2018 to May 2020

Bachelor of Science, Sport and Exercise Science with Distinction

Nanyang Polytechnic, Singapore

April 2011 to May 2014

Diploma in Motion Graphics and Broadcast Design

Awards

2020

2020 Metasprint Series Aquathlon – Discovery Distance

Bronze

2019

Selected for SEA Games 2019 – Modern Pentathlon

National Athlete



Sengkang
Singapore



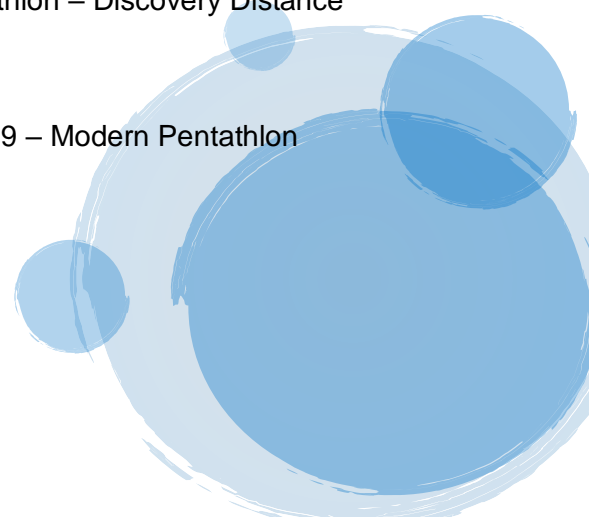
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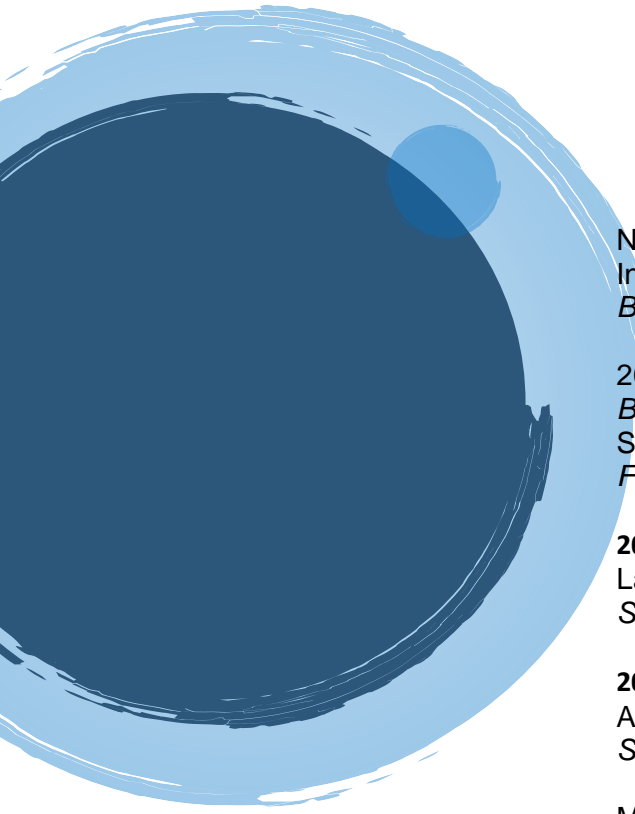


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kiatxuan.com





Namsai Beach Laser Run & Triathlon Championship 2019 – Men
Individual (Swim Laser Run)

Bronze

2019 Modern Pentathlon National Australia Championship

Bronze

SG Coach – Coach as teambuilder

Facilitator

2018

Laser Run City Tour, Singapore

Silver

2016

Asean Modern Pentathlon Championship (Asian Invitation)

Silver

Modern Triathlon National Championship

Gold

Certifications

SportSG

CoachSG Level 1, Swimsafer 2.0 instructor and Swimsafer 2.0 Assessor

America Swimming Coaches Association

ASCA level 1-4

USA Swimming

USA Swimming level 1 and 2

Singapore Lifesaving Society

Lifesaving 1,2,3

Bronze Medallion

Advanced Medallion

Distinction Award

Singapore Lifesaving Society

Standard first aid with CPR and AED

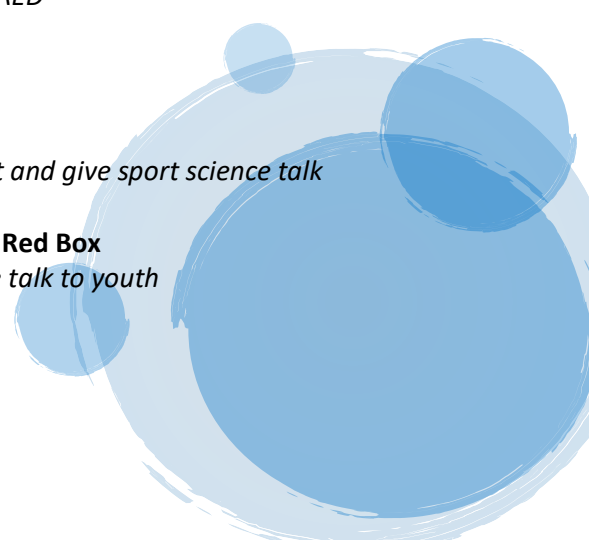
Community Programme

SportSG – Youthcreates

Volunteer in event Management and give sport science talk

Youth Corps Singapore – Virtual Red Box

Volunteer in giving sport science talk to youth





Chinese Development Assistance Council

Volunteer in reading books to lower income students

Events Collaboration

SportSG – Youthcreates

Virtual Duathlon Challenge 2020

20 05 – Club Breakaway

Virtual Laser Run

Communication

Fluent in spoken and written English and Chinese communication

